



Highway Maintenance Manual
Chapter 08 Roadside Facilities
Section 05 Rest Area Maintenance
Subject 10 Health Care

Bureau of Highway Maintenance
May 2015

Custodial workers shall adhere to the following guidelines established by the Department of Health Services in order to prevent the transmission of infectious diseases.

1.0 Manual Cleaning

Protective gloves shall be worn whenever manual cleaning is to be performed in restrooms. Protective gloves shall also be worn when potential contact with blood, feces, urine or other bodily products is possible.

2.0 Pressure Cleaning

Whenever high-pressure cleaning is performed, protective garments, gloves and eyewear shall be used to guard against the action of the process.

3.0 Cleaning Solutions

Any cleaning solution used shall include a disinfectant. A disinfectant can be:

1. A phenolic germicidal detergent in a one-percent aqueous solution (e.g. Lysol).
2. Sodium hypochlorite with at least 100 PPM available chlorine, 1/2 cup of household bleach per one gallon of water. Such a solution shall be freshly prepared each time it is to be used.
3. Quaternary ammonium germicidal detergent in a two-percent aqueous solution (e.g. Tri-quat, Mytar or Sage).
4. Todophor germicidal detergent with 500 PPM available iodine (e.g. Wescodyne).

4.0 Clean-up

Custodial workers shall thoroughly wash their hands with the standard hand-washing solution whenever they come in contact with bodily products, which might be infectious. After the troublesome products have been removed, the general area shall be treated with a disinfectant.

All used cleaning materials shall be placed in a lined trashcan and disposed after each cleaning. Mops, sponges and other reusable utensils shall be soaked in a disinfectant and rinsed thoroughly after each use.