**Employee Assistance Information**

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| **Substance Abuse and Mental Health Services Administration**  <https://www.samhsa.gov> | **1-800-662-HELP (4357)**  **In Crisis? Call or Text 988**  **Disaster Distress Helpline**  1-800-985-5990 |
| **Alcoholics Anonymous**  <https://www.aa.org/> | Find a phone number ‘near me’ via the web. |
| **Al-anon/Alateen Meeting**  <https://al-anon.org> | **1-888-4AL-ANON**  (888-425-2666) |
| **Recovered**  (formerly, NCADD - National Council on Alcoholism and Drug Dependence)  <https://recovered.org> | **1-917-905-7938** |
| **American Addiction Centers, Inc., Drugabuse.com**  <https://drugabuse.com/library/drug-abuse-hotlines/> | [**405-251-6871**](tel:+18773359658) |
| **Cocaine Hotline – Drubrehab.com**  <https://www.drugrehab.com/addiction/drugs/cocaine/hotlines/> | **1-855-520-2898** |
| **2-1-1 Wisconsin – Get Connected, Get Answers**  211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance 24/7/365 call the three-digit number 211.  <https://211wisconsin.communityos.org/> | **2-1-1 or 1-877-947-2211** |

**Note:**

This is not a complete list of all community service agencies nor an endorsement of them. While efforts are made to keep this list up to date, phone numbers often change. If a phone number is not working, check the website listed or contact your ***Drug and Alcohol Manager*** for more information.