**Employee Assistance Information**

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| **Substance Abuse and Mental Health Services Administration**<https://www.samhsa.gov>  | **1-800-662-HELP (4357)****In Crisis? Call or Text 988****Disaster Distress Helpline**1-800-985-5990 |
| **Alcoholics Anonymous**<https://www.aa.org/>  | Find a phone number ‘near me’ via the web.  |
| **Al-anon/Alateen Meeting** <https://al-anon.org>  | **1-888-4AL-ANON**(888-425-2666)  |
| **Recovered** (formerly, NCADD - National Council on Alcoholism and Drug Dependence) <https://recovered.org>  | **1-917-905-7938** |
| **American Addiction Centers, Inc., Drugabuse.com** <https://drugabuse.com/library/drug-abuse-hotlines/>  | **405-251-6871** |
| **Cocaine Hotline – Drubrehab.com** <https://www.drugrehab.com/addiction/drugs/cocaine/hotlines/>  | **1-855-520-2898** |
| **2-1-1 Wisconsin – Get Connected, Get Answers**211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance 24/7/365 call the three-digit number 211. <https://211wisconsin.communityos.org/>  | **2-1-1 or 1-877-947-2211** |

**Note:**

This is not a complete list of all community service agencies nor an endorsement of them. While efforts are made to keep this list up to date, phone numbers often change. If a phone number is not working, check the website listed or contact your ***Drug and Alcohol Manager*** for more information.